

Bikeway Definitions and Descriptions

On-road bike lanes:

Roadways with on-road bike lanes that designate a portion of the existing roadway for use by cyclists. Bike lanes are physically delineated by a painted white stripe and bicycle symbols on the roadway and identified by signs along the roadway.

On-road bike route:

A roadway that provides continuity with other cycling facilities or is a preferred route through a busy corridor. No designated bike lanes in place. Identified by signs along the roadway.

Multi-use path, adjacent to the road:

A two-way pathway physically separated from the travelled portion of a roadway by barrier curb and open space. The pathway is shared by more than one type of user (cyclists, pedestrians and in-line skaters).

Off-road multi-use path:

A two-way pathway shared by more than one type of user (cyclists, pedestrians and in-line skaters), that is typically located within parkland or along a hydro corridor.

Wear a helmet every time you ride.

It is strongly recommended that all cyclists, irrespective of age, wear a CSA, ANSI or SNELL approved bicycle helmet. If you are under the age of 18 you are required by law to wear an approved bicycle helmet when travelling on any public road. Cyclists over 18 are encouraged to wear helmets for their own safety, but are not required to by law.

A helmet gives you a real chance of walking away from a collision. Wearing a helmet can reduce your risk of head injury by up to 85%. It is important that the helmet fit properly and covers the top of the forehead. If it is tipped too far forward or backward it will not protect you properly.



Cycling Tips

- Being seen is a "Bright Idea"
 - You should take extra care to be seen at all times. Bicycles are smaller than other vehicles on the road and often go undetected in traffic.
 - Make eye contact with motorists when turning and at intersections.
 - Help other drivers to see you. Wear light or brightly coloured clothing. A "Day-Glow" flag on a 6-foot flexible staff on your bike warns motorists of your presence.
- Watch for car doors opening into the roadway on streets where cars are parked.
- Keep your bike in good repair. Check and adjust loose parts and tire pressure weekly. Clean and lightly oil moving parts regularly. Store your bike indoors if possible.
- Slow down around pedestrians on multi-use paths and sidewalks. Let them know you are coming up behind them with your voice or bell, and give them lots of room when passing. Walk your bike on crosswalks.
- Stay alert at intersections. Watch for vehicles backing out of driveways, turning in and out of malls and schools, especially if you are using the sidewalk.
- Obey the rules of the road. Stop at stop signs and use the proper arm signals when turning. Ride with traffic.
- Remember blind spots. Be aware of a vehicle's blind spots and mirrors, especially when they are turning.
- Carry packages in a basket, carrier or backpack and keep both hands on the handlebars.



- Be considerate and courteous to other road users. When riding with a group, form a single line, one bike length apart, on the right hand side of the roadway. Leave a good distance between the bicycle in front of you and yourself.
- Know your skill level. Cycling requires constant attention and knowledge of road conditions, hazards and rules. Ride in a straight line and always signal even when avoiding debris or potholes. Choose routes that are less busy and have lower speeds if possible.
- Wear appropriate clothing. Make sure nothing is flapping or loose that can get caught up in moving parts.

Weather Hazards

Wet Weather

Wet weather makes roads slippery. Light rain brings oil to the surface of roads, making them especially treacherous. Heavy rain means wet rims and poor braking. You must remember to ride differently in the rain.

Cold Weather

When the temperature drops to freezing or below, traction problems, and the dangers of hypothermia and frostbite appear. When riding in cold weather, your extremities lose heat fast and frostbite and hypothermia can set in. Wear good headgear, mitts and footgear. Ride carefully and slower than normal, and keep rides short in these conditions.



Make sure you have:

- A good fitting helmet
- Reflectors for the front, rear, sides and pedals of your bike
- Reflective tape on support bars
- Bell or horn.

Burlington
Cycling and
Multi-Use
Pathway Guide

Burlington Cycling Committee

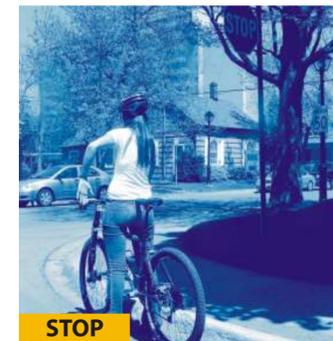
The Burlington Cycling Committee was established on February 12, 1990 and is a volunteer citizen's advisory committee, reporting to city council through the community and corporate services committee. The goal of the committee is to assist, advise, recommend, and support council in matters pertaining to cycling in the City of Burlington.

For more information please contact the City of Burlington at 905-335-7600 ext. 7490 or visit the city's website at www.burlington.ca.

Trail Etiquette

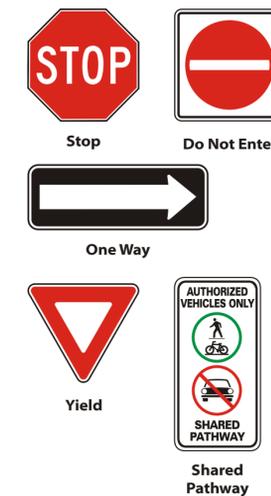
- Keep to the right
- Cyclists yield to pedestrians
- Give audible warnings when passing
- Keep to the trail
- Do not litter
- Respect nature and private property

Cycling Hand Signals



Signs

Regulatory Signs



Warning Signs



Guide & Information Signs

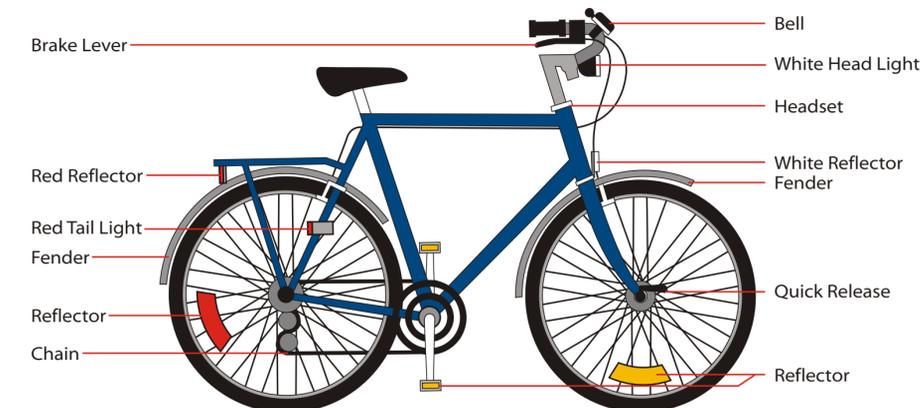


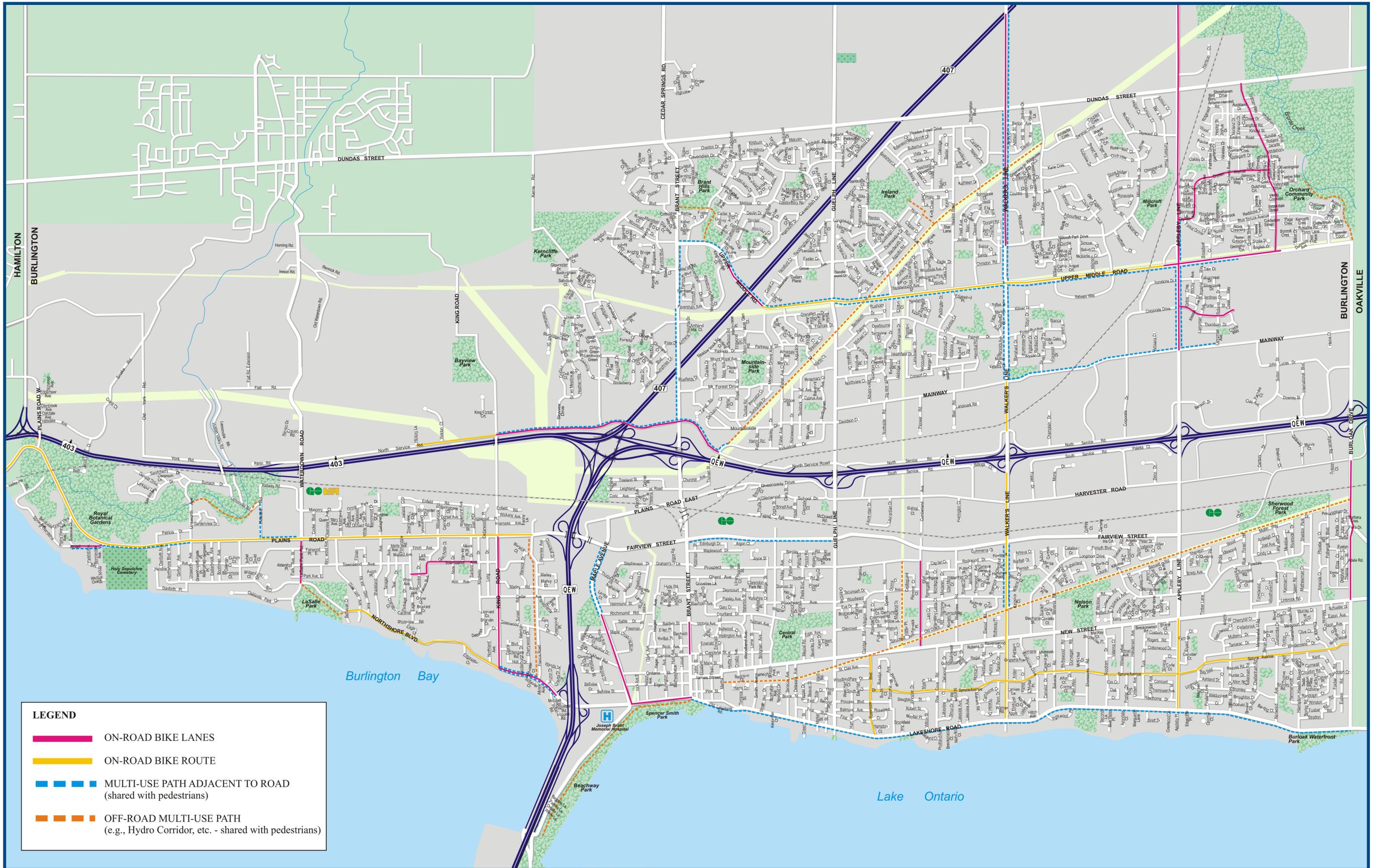
The City of Burlington now permits cycling on sidewalks on most streets in Burlington. Cycling on sidewalks is prohibited on Brant Street between Lakeshore Road and Caroline Street. It is the responsibility of the cyclist to give way to all other sidewalk users, you must sound your approach and ride safely at all times.

Disclaimer

The City of Burlington has published this map and guide to encourage cycling as a means of transportation and recreation. Knowing the rules of the road and having basic cycling skills is assumed. Cyclists should make their own evaluation of actual conditions encountered. In terms of traffic, time, and physical effect, only you are the best judge of the most suitable route for your purpose.

The City of Burlington assumes no responsibility for the accuracy of this map or for the safe condition of any facility whatsoever, whether it be a road shared with motorized vehicles or an off-road pathway shared with pedestrians. Users are solely responsible for risks encountered and for their own safety. The City of Burlington shall not be held responsible for any damages and/or claims whatsoever arising from the use of this map.





HAMILTON
BURLINGTON

BURLINGTON
OAKVILLE

DUNDAS STREET

DUNDAS STREET

PLAINS ROAD

PLAINS ROAD EAST

Burlington Bay

Lake Ontario

Joseph Brant Memorial Hospital

Beachway Park

Spencer Smith Park

LeSalle Park

Central Park

Mountain Side Park

Bayview Park

Kerncliffe Park

Orchard Community Park

Sherwood Forest Park

Burlong Waterfront Park

CEDAR SPRINGS RD

GRANT STREET

BRANT MILLS PARK

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